



Note that all information given on this form is confidential and will only be read by LYTTC faculty and staff.

On receipt of your application we will be in touch and, should we feel that you are a suitable candidate for our course, you will be invited for a taster class with LYTTC course directors and an informal interview.

Your Contact Details

Name	
Address	
Postcode	
Mobile Tel	
Landline	
Email	

Personal Information

Date of birth	
Are you confident in spoken and written English?	
Do you have any specific medical conditions, learning difficulties or disabilities we should know about?	
If you are in work what is your present job/profession? Is this full time or part time?	

Yoga Experience

How long have you been practicing yoga?	
How often do you attend a yoga class?	
Do you have a personal yoga practice? If so, approximately how much time do you devote to it per week?	
List any previous study or teaching experience, professional skills or	

qualifications you have that you think might be useful in teaching yoga.	
Do you have adequate computer skills for research and homeworks?	
Have you ever enrolled on any other yoga teacher training courses? If so, please give details, including which school/s of yoga you trained with, for how long, and whether you have already been awarded a yoga teaching certificate.	
Are you willing to work with diverse communities?	
Are there any areas of teaching yoga you feel you would especially like to pursue?	
Tell us the title of books, or other resources, which have helped your understanding of yoga and give brief details of any yoga workshops or retreats that you have attended in the last two years.	

Contact Details of your Current Yoga Teacher and Signature of Approval

Name	
What style of yoga does s/he teach?	
Email	
Mob	
Landline	
Signature of current weekly teacher as detailed above, by which they agree that they support your application to the LYTTC.	

Reflection

Why do you want to join the London Yoga Teacher Training Course?	
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Please complete and return by email or post to:

Deb Watson, 26 Wayside, London, SW14 7LN. Email debyoga@gmail.com