

## Course Conditions

### Please read the following carefully



1. Trainees will only be accepted onto the London Yoga Teacher Training Course (LYTTC) if they have attended yoga classes regularly for a minimum of two years. A signed letter from their yoga teacher to this effect must be submitted prior to the start of the course.
2. Trainees must have an established yoga practice. It is recommended that trainees maintain a daily practice which includes pranayama and quiet sitting with an additional longer practice once a week to review asanas taught at the course weekends. Trainees are strongly encouraged to continue with this programme throughout the LYTTC.
3. Trainees must attend a weekly class with an LYTTC approved yoga teacher throughout the length of the course. The weekly teacher must agree to both support the trainee's application to the LYTTC and to verify/sign the trainee's termly class attendance record. Should trainees change their weekly class teacher during the LYTTC, they must inform the course directors immediately and ensure that their new weekly class teacher agrees to the same conditions.
4. Students are expected to attend all LYTTC sessions. There is an 80% minimum attendance requirement which has to be met in order for the student to qualify. Some workshops are compulsory and if students miss them, they will have to cover the content through arranging a private class with a LYTTC approved yoga teacher. The student will need to provide the LYTTC with confirmation from the teacher that the session has taken place and detail of what was covered.
5. Being a yoga teacher is a physically and emotionally demanding occupation. Trainees must disclose any history of physical or psychological ill health in their application to the LYTTC. Non-disclosure of such information that later impacts on the trainee's ability to meet the demands of the course could lead to them being asked to leave the course without refund or the teaching diploma qualification not being granted.
6. The LYTTC will not tolerate the following inappropriate behaviour: any trainee being under the influence of recreational drugs and/or alcohol during course training days or when teaching; any form of physical or emotional abuse of fellow trainees, teachers or students. Any such behaviour will lead to automatic disqualification from the LYTTC.
7. During the first year of the course, trainees are strongly encouraged to teach a small regular yoga group of their own. This is usually after 6 months attendance on the course or otherwise as agreed with the course directors.

8. Trainees must complete and hand in all homework on time. There are clearly identified deadlines set throughout the course which must be adhered to. The penalty for non-adherence to these deadlines may be disqualification from the course; this is at the directors' discretion. There is a system of fines that is actioned as soon as any homeworks fall behind the given deadlines.
9. Trainees must do their own homework (sharing of ideas is one thing - sharing homework is another). At the directors' discretion, a trainee's homework which has been found to be directly downloaded from a website will mean that the homework is discounted, and will have to be resubmitted. Copying directly from another trainee is also prohibited.
10. Trainees with dyslexia or similar learning difficulties must make this clear in their application to the LYTTC. They will be allowed extra time with their homework as and when needed. The directors must be informed if the trainee is falling behind so that arrangements can be put in place.
11. It is mandatory that all trainees attend the one day First Aid at Work course organised by the LYTTC as this a British Wheel of Yoga (BWY) insurance requirement.
12. All trainees must pay the LYTTC fees as agreed with the course directors; a deposit of £1060, followed by the balance, to be paid as agreed (see Course Fees below).
13. The first term of the LYTTC is provisional. A trainee may leave, or be asked to leave by the course directors, paying only for the course days they have attended in the first term.
14. Once past the provisional first term, and accepted onto the LYTTC, should any trainee decide to leave, for whatever reason, during the first year of the course, they will be liable for payment of course fees up until and inclusive of 01/03/2019.
15. If the conditions of the LYTTC are not satisfactorily met by a trainee, or if for some other reason the directors feel that a trainee is not adhering to the ethos of the course, the trainee will not receive the LYTTC Certificate at the end of the course and course fees will not be refunded.
16. The LYTTC is accredited by the BWY; all students who are accepted onto the LYTTC must join the BWY as a student teacher member by March 16, 2018 at [www.bwy.org.uk](http://www.bwy.org.uk) and provide the LYTTC with their BWY membership number. All students must be Student Teacher members of the BWY for the total duration of the course in order to receive their BWY Certificate.

17. The LYTTC directors will ensure all areas of the syllabus are covered, and that information regarding any changes to the original LYTTC schedule and syllabus that they deem to be necessary will be given to trainees with as much warning as possible, and with suitable explanation. In accepting a place on the course, the trainees grant the course directors discretion to adapt the LYTTC schedule and syllabus above and agree to abide by all decisions made by the directors regarding the running of the course.
18. Following satisfactory completion of all elements of the LYTTC, the BWY teaching qualification requires annual Continuing Professional Development (CPD) attendance. The workshops that London Yoga Teacher Training Group (LYTTG) tutors run are accepted towards this, as well as other BWY training days. The BWY requires that a record of CPD attendance is recorded annually online.
19. As the LYTTG is accredited by the BWY, their verifier will visit the LYTTC during the second year of the course to ensure that the LYTTG is fulfilling BWY training expectations. They may suggest areas to include in the LYTTC which may not appear on the original schedule and syllabus.
20. On successful completion of the course, those trainees who have met all the required criteria satisfactorily will receive a certificate from the LYTTC and an accredited teacher diploma from the BWY which is recognised throughout the UK and Europe as the BWY is part of the European Union of Yoga (EUY). For a small additional fee, BWY teachers can opt to join the National Register of Exercise Professionals (REPS) which is often a requirement for teaching in gyms and health clubs.
21. LYTTC all students must sign this agreement letter, indicating their acceptance of the conditions of the LYTTC, and return one copy of the letter to the LYTTC administrator.

## **2018-20 Course Fees**

The fees for the two year course are £4900; there is also a £60 registration fee for BWY accreditation payable by each trainee. This is separate to the BWY annual membership you are required to have.

A non-refundable deposit of £1060 must be paid no later than 15 March 2018. This includes the BWY registration fee of £60 as above.

The balance is to be paid by a standing order of £243.75 per month for 16 months to run from 01/05/2018 through 01/08/2019 inclusive.

No payment is refundable. Students must satisfy the course directors, on application, that they will be able to meet the course fees.