

32b London Yoga Teacher Training Group - year 2 final assessment form (2018-2020)			
DATE:	TIME of DAY:		
Trainee:			
Assessor 1:			
Assessor 2:			
Venue:	Clerkenwellbeing, 178 Goswell Road, London EC1V 7DT		
Session	Duration:	Total	Points
		Points	awarded:
1. ASSESSMENT OF PROFESSIONAL CONDUCT AND MANNER:			
Personal appearance, grooming, appropriate clothing, cleanliness			
Created friendly but focused atmosphere, good rapport w students, introduced herself			
Space kept safe and risk free during class			
		5 = pass	7
2. CLASS CONTENT (asana list given to trainee from which to select 6-7 asana)			
Objectives were clearly communicated to the students taking into account their different learning styles i.e. verbal kinesthetic			
		3 = pass	6
Structure of class followed a logical order appropriate to:			
a) level of attending guest students' abilities			
b) where there are mixed abilities, the trainee demonstrated that he/she was able to adapt the asanas (& any chosen pranayama) to suit individual needs.			
c) the structure took into account the time of day, conditions of the room i.e room temperature			
d) the trainee offered initial warm up poses, and ended with a calming pose.			
e) there was a balanced use of pose and counterpose.			
f) the teaching principles of LYTTC clearly evident throughout (grounding, breathing, lengthening the spine)			
		6 = pass	10
3. TEACHING SKILLS			
Explained Asana/pranayama simply and clearly, with some comment re their purpose and objective		6 = pass	10
Demonstrated that they were competent and safe		3 = pass	5
ii--Use of language not too flowery and image filled -vocabulary clear and		3 = pass	5
ii--Demonstrated well, including use of props and aids		3 = pass	5
iii--Voice audible, clear communication, varying in tone and inflection		3 = pass	5
iv--Ability to keep an eye on the whole class, even while helping one in & kept in a teaching position from which trainee could observe the whole class and be observed by them		5 = pass	10
		3 = pass	6
v-- made good eye contact with class		3 = pass	5
vi-- Assistance given suitable, given the situation on the day, non-invasive, sensitive to individual student		3 = pass	6
vii-- Kept students focussed, engaged, interested, motivated		3 = pass	5
Encouraging and constructive guidance given- positive input		3 = pass	5
viii--Ability to advise re problems, and deal with questions competently if necessary, given the situation on the day.		3 = pass	5
ix--Took into account students confidence, ability, physical needs and level of experience, given the situation on the day		3 = pass	5
		TOTAL	100
If assessor prefers, they can mark with √s, as noted below scoring accordingly:			
is fail, √ is pass, √+ is good, √√ is very good, √ * or √√√ is excellent			
SPACE FOR ASSESSOR'S PERSONAL COMMENTS:			