



## **Dates: teaching practice and final assessment**

### **2018**

Friday 13 July

Teaching Practice 1

Trainees teach each other in small groups, as for a beginner

Saturday 13 October

Teaching Practice 2

Trainees teach each other, as for a beginner

Friday 9 November

Teaching Practice 3 - pranayama 1

Trainees teach each other, as for a beginner

### **2019**

Saturday 16 March

Teaching Practice 4

Trainees invite non-novice guests along for a beginners class

Saturday 13 April

16-17.30

Teaching Practice 5 – pranayama 2

Trainees teach each other, as for a beginner

Saturday 21 September

Teaching Practice 6

Trainees invite guests along for a teenagers class

Saturday 19 Oct

14-16.00

Teaching Practice 7

Trainees invite a novice guest along for a beginners class

## **2020**

Saturday 18 January

Teaching Practice 8

Trainees teach other, pranayama 3

Friday 14 February

Teaching Practice 9

Trainees teach each other asanas from Final Assessment List

Friday 13 and Saturday 14 March

Final Assessment:

Trainees invite guest students for small group classes

Trainees each teach for 30 mins with two external assessors observing them

\*Trainees attend full 2 hours am or pm session