

LYTTG Final Teaching Practice 2018 – 20 with External Assessors:

Name of Assessor:

Name of Student:	Marks possible	Tutor's comments (no need to comment on all criteria)
1. The lesson plan	12	
<p>The lesson plan will demonstrate:</p> <ul style="list-style-type: none"> a. Preparations, progression and flow b. An awareness that props/adaptations may be needed c. Integration of the breath in the asana work d. Counterposes/movements to balance and ease e. A short guided relaxation to finish/transition as applicable (2-3 mins) 		Marks Awarded: ____/12
2. Personal Organisation and Communication	20	
<p>Student teachers will show that they can:</p> <ul style="list-style-type: none"> a. Create an atmosphere of inclusion and welcome, conducive to Yoga practice b. Organise their time and resources c. Be heard, give clear instructions and make teaching points that their students can follow d. Use clear and concise language to make teaching points e. Demonstrate asanas correctly and effectively (according to their own capacity) taking into account the appropriate level for their students 		Marks Awarded: ____/20
3. Application of teaching skills and knowledge	42	
<p>Student teachers will demonstrate that they:</p> <ul style="list-style-type: none"> a. Apply sound principles of anatomy and physiology in their teaching (principles need not be explicitly stated) 		

<ul style="list-style-type: none"> b. Teach at a level appropriate to the student group; use props and/or modifications/ variations according to the level of capacity and experience of the group c. Offer progression to those students for whom it is appropriate by working towards more challenging asana d. Can observe the class as a whole and offer individual attention as needed e. Pace their teaching according to the needs of students and nature of the practice f. Respond to students by amending instructions or demonstrations, or give simple assistance guided by touch as appropriate to the circumstances 		<p>Marks Awarded: ____/42</p>
<p>4. Delivery of lesson plan</p>	<p>26</p>	
<p>Student teachers will demonstrate that they can:</p> <ul style="list-style-type: none"> a. adjust their plan according to the needs of students or circumstances of the teaching if necessary b. Teach from a perspective underpinned by the principles of the LYTTC: awareness of the support of the ground beneath, the role of gravity, the breath, and a respect for the movement of the spine 		<p>Marks Awarded: ____/26</p>
<p>Total</p>	<p>100</p>	<p>Total Marks awarded: ____/100</p>

General comments of assessor